~ Hot Topic ~
November Ideas For Dads and Kids

~ Events ~

Launch of Forever Fathers Booklet on the Rights and Responsibilities of Non Resident Fathers
Will take place on Sunday 4th November 2007 at 9.00pm in Arena 7, Ramelton Road, Letterkenny, Co. Donegal. Email: foreverfathers@donegal.net to book a place.

Men’s Health Day: “Looking After Number One!”
Hosted by The Men’s Development Network, and supported by The Irish Cancer Society, this event will take place on Tuesday 6th November 2007, from 12.30pm to 4.00pm, in the Ashdown Hotel, Gorey, Co. Wexford. All men and men's groups are welcome. Lunch and refreshments are included. The day will specifically demonstrate how early detection and prevention measures positively impact on a cancer diagnosis. It will highlight five key ways of reducing the risk of cancer, and provide an opportunity for men whose lives have been touched by cancer to share their experience and recovery. To attend, please register your interest by contacting Paul Fearon on Tel: 0035351 844260 or Lorcan Brennan on Tel: 0035386 3619884.

MENSWORK® Workshop
Menswork provides workshops and individual counselling for men of all ages and backgrounds. It assists men to take care of their health, manage work and life stresses, express and manage their feelings, be a father and teacher to their sons, relate in a co-operative spirit, develop generative masculinity. The next workshop will take place on Saturday 10th November 2007 in the Novara Centre, Bray, Co. Wicklow. For more details, contact Seamus Connolly on Tel: 003531 2962839 or Email: seamus_connolly@eircom.net

~ News ~

Link Us!
Here at The Men’s Project we continue to support men's and fathers' groups / projects / organisations with our online directory. We would like your help. If you have your own website, then please add us to your links.
Menstuff Radio Programme
Menstuff is a bi-weekly, one hour radio programme on Dundalk FM100. It includes studio discussion on men’s issues, fatherhood and men’s health, and analyses current news events from the perspective of men. You can listen online live at www.dundalkfm.com

Fathers Direct Toolkit for Father-Inclusive Practice
Will be officially launched later this year, but is now available to buy for £9.95 plus postage and packing. The toolkit contains a boxed set of 15 colour-coded cards which lead you through eight key steps to increase the inclusion of fathers: developing agency commitment; finding out about local fathers; supporting workers and volunteers; making your environment father-inclusive; recruiting fathers; developing father-inclusive services; forging partnerships with other agencies and sharing good practice. You will also find: a research summary of the benefits of father-inclusive practice to children and mothers; 10 top tips for father-inclusive practice; ‘Dos and Don’ts’ for service providers; a legal briefing (which explores issues of confidentiality, data collection and Parental Responsibility); resources section. For more details, please visit: http://www.fathersdirect.com/index.php?prodDetailID=58

~ Courses ~

Support for Family and Friends of Adult Survivors of Sexual Abuse Course
The Inter-Agency Group on Sexual Abuse is offering a FREE support / education programme for those who can make a difference to another person’s life through a greater understanding and knowledge of these issues. The 6 week programme will take place in the evenings at venues in Derry and Omagh (starting in November 2007); Strabane and Enniskillen (early in the new year). A limited number of places may be available to those with a professional interest e.g. students, nurses, counsellors, social workers, teachers. For more information or to register, please telephone: (028) 66 326044 or email: interagencygroup@btconnect.com or visit: www.sexualabuseiag.co.uk

Helpline Volunteers Preparation Courses
Parents Advice Centre (PAC) will be recruiting Helpline Volunteers to provide telephone and face-to-face support to people coping with family difficulties. To be considered, you must have substantial parenting experience and/or significant experience of working with families, children and young people. If you can make a commitment of at least 4 hours a week, PAC will provide accredited training, ongoing support and a real challenge. Male applicants are especially welcome! Belfast and Ballymena courses commence in early 2008. For more information and an application pack, please contact Andrea on Tel: (028) 90 310891 or Email: andrea@pachelp.org

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Get Rid Of The Clutter
It’s a good time to have a clear-out, so how about making some pennies and have some family bonding at the same time. Sell your unwanted stuff at a car boot sale together. A possible place to go is Streamvale Farm Car Boot Sale (38 Ballyhanwood Road, Belfast, (every Saturday from 10.00am - 3.00pm, Tel: (028) 90 483244) or, if you have a computer, just ebay it. Visit: www.ebay.co.uk or www.ebay.ie
**Autumn Activities**

When we think about Autumn, nature comes to mind. It is a great season for:

- talking about animals and how some are getting ready to hibernate or migrate
- talking about the weather getting colder and the early nights
- the whole family getting into their Wellies and going to the park
- tidying the garden, sweeping-up all the leaves into a mound, then having a leaf fight (gets you in the mood for snow fights next season!)

**Autumn Leaves Collection Book**


~ On the Web ~

9 year old girl's book about her father's death

Chlamydia damages male fertility

Men 'benefit most' from aspirin

Rocky relationship may risk heart

Sperm gene sparks fertility hope

Men cut peat in nude for charity

Father grows oak in memory of son

Manhood road ad 'very successful'

Austria holds first divorce fair

Outdoor Dad: Home With Baby for the First Time Blog

~ Website of the Month ~

[http://www.bbc.co.uk/parenting/dads/](http://www.bbc.co.uk/parenting/dads/)

**HEY! What are you up to in December?**

Let me know about it for in the next edition!

Email: trisha@mensproject.org

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**The Men's Project**: We are always updating our online directory of organisations which offer support or services to men. If you would like to update your existing entry, or would like be registered on it, please click here for details:

**Note to readers:**
If you know of anyone who is interested in joining our mailing list, or you wish to be removed, or you have any news you want included, please email me at: trisha@mensproject.org

(The views expressed in Emale Matters are not necessarily those of The Men's Project)