

Men's Health Week 2021

MEN'S HEALTH WEEK Monday 14th - Sunday 20th June 2021

Making the Connections
Check In. Check Up. Check It Out.

www.mhfi.org #MensHealthWeek #CheckItOut



Scientific, Evidence Based, Patient Centred
Building a Better Health Service



Project supported by the PHA



Snapshot of some events and activities taking place on the island of Ireland

Men's Health Week 2021 ... What's Happening Across Ireland?

[Men's Health Week 2021](#) will run from Monday 14th until Sunday 20th June. The focus on the island of Ireland this year will be: '**MAKING THE CONNECTIONS**' and everyone is being asked to '*check-in, check-up, check-it-out*' in order to make a positive difference to the health of both themselves and the men and boys that they have contact with and influence over.

During Men's Health Week (MHW), organisations and individuals from across the island of Ireland are encouraged to mark this occasion. MHW offers a natural launch pad to do something new or different.

To give you a flavour of what is taking place, this paper lists a **SMALL NUMBER** of the things that are happening on the island of Ireland this year. However, this is certainly not an exhaustive list! ...

[Aware: 'A Conversation with Men about Men's Health' Webinar](#)

[Banter Round the Bridges](#)

[Belfast Men's Health Group](#)

[Colin Men's Health](#)

[Cuan Cavan Cancer Support Centre and Crocus Men's Den Monaghan](#)

[Dads Direct Fathers Work Podcasts](#)

[Epilepsy Ireland](#)

[Father's Day Run](#)

[Launch of Sheds for Life Impact Report](#)

[Launch of the Northern Ireland Men's Health Report Card](#)

[Limerick Sports Partnership](#)

[Longford Talks - Episode 5: Men's Health](#)

[Marie Keating Foundation - Men's Wellness Webinars](#)

[Men's Aid Ireland](#)

[Men's Development Network](#)

[Mental Health Ireland - Virtual Connect Cafe](#)

[Solas Men's Health Day](#)

[South Eastern Health Trust Men's Health Network](#)

[Southern Health Trust Area](#)

[Survive and Thrive](#)

[Take Time to Look After Yourself](#)

['The How of Men's Health' Webinar](#)

[The Sexual Health and Wellbeing Needs of Gay and Bisexual Men](#)

[The Breakthrough Programme Podcast](#)

[The 'Can Do' Challenge](#)

[Verve Healthy Living Network](#)

[Waterford Sports Partnership](#)

[Westmeath Talks - Episode 1: Raising Boys](#)

[Westport Men's Health](#)

[Word Search Competition](#)

