

Men's Health Week 2019: Online Promotion of Events



[Men's Health Week](#) (MHW) will run from Monday 10th until Sunday 16th June this year.

The theme for [MHW 2019](#) is **MEN'S HEALTH MATTERS**, and everyone is being asked to **MAKE THE TIME** and **TAKE THE TIME** to improve their own health and the health of males around them.

This focus lends itself to a wide range of ways to mark this occasion. However, you don't have to stick rigidly to this particular topic. Anything which promotes the week and encourages men and boys to lead healthier lifestyles, to be more aware of preventable health problems, to seek early detection and treatment for health difficulties, and to access help and support will be welcome!

The [Men's Health Forum in Ireland](#) (MHFI) has created a special section on one of its webpages (www.mhfi.org/mhw/mhw-2019.html) to promote the details of any activities or events that will be held throughout Ireland. This will help everyone to find out what is happening during the week, and to get details on how to join in. We also hope that this information will give some profile and recognition to all those groups across Ireland that are doing something for and with men.

Your activity might be health checks, or a conference, or a launch, or a game, or a seminar, or a competition, or a workshop, or a lunch, or a course, or a drama, or a display, or a health fair ...



Whatever it is, if you would like to have the details included on our website, please print this page, and complete as much of the form below as is appropriate to you. Then return it to us by post as soon as possible. Alternatively, you may prefer to submit your details using our online form which can be found at:

www.mhfi.org/mhw/promote-an-event.html

Name of Event / Activity:

Date:

Start / Finish Time:

Venue / Location:

Name of Organisation Running Event / Activity:

Brief Description of the Event / Activity - Maximum 150 Words [What it will involve, who it is for etc.] ...

Is there an Entry Fee?:

Contact Person:

Telephone Number:

Email Address:

Website Address: