Poster Competition Entries

The Men's Health Forum in Ireland (MHFI) and the Irish Cancer Society (ICS) invited men to mark Men's Health Week 2011 by taking part in an Ireland-wide poster competition. The aim of this competition was to find out what males are thinking about at this time - especially in relation to their own health and well-being.

A special version of the MHW 2011 poster was produced. This version had ‘thought bubbles’ coming from the heads of the two main characters. Entrants were asked to come up with an idea for what each of these men might be thinking about - in these ‘challenging times’.

A panel of judges reviewed all the entries on Thursday 28th July 2011, and selected three which, they felt, best represent men’s lives / issues / concerns ... in Ireland today.

The three winning entries were Number 8 (from Cavan), Number 19, (from Belfast) and Number 21 (from Cork).

These three winners will each receive a pair of tickets for the launch of the ‘Movember’ celebrations in Autumn 2011 (which will include travel expenses to and overnight accommodation in Dublin).

This document gives you a chance to see all of the entries that were submitted. These came from men of all ages, living throughout the whole island of Ireland.
This project has been organised by the Men’s Health Forum in Ireland supported by the Irish Cancer Society
If only my Dad had 10 minutes to listen to me. I don’t know who else to talk to. My mates will all just take the piss if I tell them.

I wish he would cheer up! I’m exhausted running around trying to make sure we have enough money to do all the things that make him happy!
I hate my job. My family hate me. I am overweight and over the hill. In short, my life is a mess.

You think you’ve got problems? I am Ryan Giggs’s divorce lawyer.

Monday 13th - Sunday 19th June 2011
Visit www.mhfi.org for more information

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Number 7

THESE ARE CHALLENGING TIMES. IT’S NO JOKE. LET’S TALK
MEN’S HEALTH WEEK

The reason the Greeks are on the streets and the Irish are not, is that they have the weather for it! We’d probably get pneumonia!

For sure! At the last protest, I’m marching down O’Connell Street when the heavens open up, and I’m there thinking, “enough of this craic, I’m off to the pub!”

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I’m sick, tired, and broke!
Any chance of a job?

I’d like to help you out!
Which way did you come in?
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HE’S TALKING BALLS!!!
Thinking of balls, where do I find out how to check mine?

He’s talking balls!!!
Thinking of balls, I’m glad I know how to check mine!

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It’s annoying how your short-term memory becomes less active when you have more things to remember - reading glasses, mobile… Viagra

Fathers work hard on a family holiday. We’re walking down the street, my daughter whines - “Daddy carry me on your shoulders”. I go, “Ah c’mon, you’re 14”
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Did you say that I look a state?

No - I said you have a prostate.

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Did you say you had a problem?

No. I don’t. But my body does for some reason.

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He told me I should check myself ‘down there’ every month.

He what?

... Jaysus!
MEN’S HEALTH WEEK

I need help!

Not you again.

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Number 25

THESE ARE CHALLENGING TIMES. IT’S NO JOKE. LET’S TALK
MEN’S HEALTH WEEK

No job!
No money!!
Nagging wife!!

Have you tried
Arklow Men’s Shed?
It’s great for a chat or
to learn a new skill.

Monday 13th - Sunday 19th June 2011
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Forum in Ireland supported by the Irish Cancer Society
Number 26

These are challenging times. It’s no joke. Let’s talk Men’s Health Week

What the hell am I doing here?

I don’t know. I’m wondering the same thing.

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MEN’S HEALTH WEEK

What's up? Have you a problem?

I'm here to help or solve things with you.

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I have a pain in my arse.

Maybe you need a colostomy.

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I’m going to drama school for next year’s performance.

My timing was way out. I didn’t even get an applause to milk.

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What the feck is all this health thing about?

I'm going for a ‘Full Irish’ anyway.

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A ‘joint’ is good for you.

Feck off junkie!

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Ye know, they don’t seem to understand us.

They won’t until they’ve walked in our shoes.

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What do I have to do to look after my health, and what is it anyway?

I don’t know man. You tell me!

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I'm better at arm wrestling than the staring game.

I bet you say that to all the boys!
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