

## SECOND MOST COMMON CANCER IN MEN



**CHECK LIST:** Ask yourself the following questions. Do you sometimes pass urine when you don't expect to? Do you pass urine more than 3 times during the night? Are you bursting to go and then find you barely produce a trickle? Do you strain to pass urine, or does it take a long time to start? When you pass urine are you always starting and stopping? Do you have any discomfort such as pain or a burning sensation when you pass urine? Does your bladder feel full after you've finished? Is there any dribbling after you've stopped? Have you ever seen blood in your urine?



FOR MANY MEN THERE ARE NO SYMPTOMS, THEREFORE, IT IS IMPORTANT TO BE AWARE OF THE ISSUES AROUND PROSTATE HEALTH  
**THE MAJORITY OF CASES ARE NOT CANCER**

PROSTATE CANCER RESPONDS WELL TO TREATMENT AND MAY BE CURED WHEN LOCALISED



If you have answered yes to any of the above questions your prostate may be playing you up. It doesn't mean that you have cancer, but you need to get the symptoms checked to determine whether they are due to an enlarged prostate or prostate cancer.

PROSTATE CANCER IS NOW EASIER TO DETECT AND TREAT BUT IT IS IMPORTANT THAT MEN COME FORWARD AS EARLY AS POSSIBLE.