

You are invited to apply for a place at a Men's Health Symposium which is being organised as part of the 'Healthy Ireland - Men' Action Plan ...

'Men in the Middle' - exploring men's health and wellbeing at middle-age

Date: Thursday 15th March 2018
Time: 9.30am - 3.30pm
Venue: Dr Steevens' Hospital, Dublin 8
Cost: Free

Background to this Symposium

There has been little attention in public, policy or research discourse on the particular or most pressing health needs of middle-aged men (40-59 years old) in Ireland. For example, despite being the age cohort most at risk of suicide, there has been a general absence of interventions that have specifically targeted middle-aged men. Against a backdrop of unprecedented socio-economic change in Ireland, it is evident that such an approach is warranted to address the health needs, in particular, of more vulnerable or marginalised groups in this age range.

Aim of Symposium

This Symposium will explore the health and wellbeing needs of middle-aged men in Ireland. It will be used to:

- Launch a report on findings from Year 1 of the 'Middle-Aged Men and Mental Health Project' research.
- Present key data on the health and wellbeing of middle-aged men in Ireland.
- Highlight new / current research which focuses upon the target age group.
- Showcase some practical examples of what is happening to support middle-aged men across Ireland.
- Hear from internationally recognised experts in the field of men's health.

Application Process

Places at this event are extremely limited, and every effort will be made to ensure that delegates come from a diverse range of backgrounds and locations. However, when all other factors are equal, places will be allocated on a first-come-first-served basis. When all places are assigned, a 'waiting list' will operate.

Applications will only be accepted on the electronic form which is available at:
www.mhfi.org/Symposium2018.doc

Completed application forms should be returned, by email, to symposium@mhfi.org as soon as possible to secure a place.

Further Details

If you have any further queries about this event, please contact Colin Fowler from the Men's Health Forum in Ireland (MHFI) at Email: colin@mhfi.org | Tel: 0044 751 9945261.