

## Call for Abstracts to Present at a Men's Health Symposium

### ‘Men in the Middle’ - exploring men’s health and wellbeing at middle-age

**Date:** Thursday 15<sup>th</sup> March 2018  
**Time:** 9.30am - 3.30pm  
**Venue:** Dr Steevens' Hospital, Dublin 8

#### Background to this Symposium

There has been little attention in public, policy or research discourse on the particular or most pressing health needs of middle-aged men (40-59 years old) in Ireland. For example, despite being the age cohort most at risk of suicide, there has been a general absence of interventions that have specifically targeted middle-aged men. Against a backdrop of unprecedented socio-economic change in Ireland, it is evident that such an approach is warranted to address the health needs, in particular, of more vulnerable or marginalised groups in this age range.

#### Aim of Symposium

This Symposium will explore the health and wellbeing needs of middle-aged men in Ireland. It will be used to:

- Launch a report on findings from the ‘Middle-Aged Men and Mental Health Project’.
- Present key data on the health and wellbeing of middle-aged men in Ireland.
- Highlight new / current research which focuses upon the target age group.
- Showcase some practical examples of what is happening to support middle-aged men across Ireland.
- Hear from internationally recognised experts in the field of men’s health.

#### Call for Abstracts

The organisers are inviting anyone involved in new / current men’s health and wellbeing research with middle-aged men to submit an abstract for a presentation which can be featured in a ‘3-in-3’ session. During this session, each presenter will be asked to speak about their research for a maximum of three minutes using three PowerPoint slides for illustration. As the Symposium organisers will design a cover slide for each speaker (with their name, title of their presentation, and contact details on it), they will have three dedicated slides to present their work. Abstracts can focus upon any type of research into health and wellbeing - with males aged 40-59 years of age - which is currently being undertaken in Ireland or is about to begin. The abstract itself should be no longer than 200 words in length, and should be accompanied by your name, position, organisation / institution, and full contact details.

#### Submission of Abstracts

Only abstracts from people who have already applied for a place at the Symposium ([www.mhfi.org/Symposium2018.doc](http://www.mhfi.org/Symposium2018.doc)) will be considered. The closing date for submissions is 5.00pm on Friday 16<sup>th</sup> February 2018. Notification of acceptance will be issued by no later than Friday 23<sup>rd</sup> February 2018. Please note that there are only a small number of slots available for presentation of research at this event. However, anyone who is not selected to present orally will be invited to put-up an A<sub>2</sub> size infographic poster on their work. Participants in the Symposium will be encouraged to view these posters before the event begins, as well as during comfort and lunch breaks.

Abstracts should be sent via email to Colin Fowler from the Men’s Health Forum in Ireland (MHFI) at: [colin@mhfi.org](mailto:colin@mhfi.org) Any queries about the presentations should also be sent to this email address.