"Mind Your Self"

A Men's Health Forum in Ireland conference bringing together all those concerned with the mental wellbeing of men and boys

Date:    Wednesday, 14th June 2006 (during National Men’s Health Week)
Time:    10.30 am - 4.00 pm
Venue:   Wynn’s Hotel, 35/39 Lower Abbey Street, Dublin 1 (just off O’Connell Street)

Programme

10.30am  Registration with light refreshments
10.50am  Introduction, Welcome and Housekeeping
         Chair, Men’s Health Forum in Ireland
11.00am  Conference Opening
         Mary Harney TD, Tánaiste and Minister for Health and Children
11.10am  Mind Your Own Business
         Martin Rogan, National Care Group Manager for Mental Health,
         Health Service Executive
11.30am  Mental Health – Ensuring the User is Heard
         Personal Perspectives
11.50am  Comfort Break
12.00md  Death rather than disclosure: Struggling to be a real man
         Anne Cleary, Lecturer, Department of Sociology, University College Dublin
12.20pm  Pull Yourself Together – Masculinity, Mental Health and Help-seeking
         Noel Richardson, Men’s Health Researcher, Health Promotion Department, Health
         Service Executive, Southern Area & Men’s Health Forum in Ireland
12.40pm  Summary of Morning and Questions
1.00pm   Lunch
1.45pm   Parallel Sessions – Something for Everyone:
         • Mental Health Education
         • Gay Men’s Mental Health
         • Suicide Prevention – Initiatives and Interventions
         • The Importance of Being Dad
2.30pm   Knowing Self
         Keynote Speaker – Dr Tony Humphreys, Consultant Clinical Psychologist, lecturer
         and author
3.30pm   Summary of our Day and Questions
4.00pm   Thanks, Close and Time to Chat

Please visit our website: www.mhfi.org
### "MIND YOUR SELF" REGISTRATION FORM

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Date: ___________________

Please send completed forms to:

Kay Holohan  
Flexible Training Unit  
Tallaght Partnership  
Killinarden Enterprise Centre,  
Tallaght  
Dublin 24

E: ftu@eircom.net  
F: 00353 (0)14664288  
T: 00353 (0)14625364

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