

Application Form

Application Name _____

Job Title _____

Organisation _____

Address _____

Email _____

Phone No _____

Special requirements _____
(i.e. dietary, access)

Please return form to:

Teen Parents Support Programme,
3rd Floor, Former Nurses Residence,
Our Lady of Lourdes Hospital,
Drogheda, Co. Louth.
Phone: **041 9875273**

RSVP by 10th March 2010

Father Focus Project Supporting Young Fathers



Training Course

Regional Education Centre,
St. Brigid's Complex,
Ardee, Co. Louth.
25th/26th March 2010

This training course, a collaboration between
Teen Parents Support Programme (TPSP),
and Men's Health (HSE)
puts the spotlight on working with young fathers.

Topics covered will include:

- Research messages - how supporting young fathers benefits children and mothers
- Key current policy issues
- Tackling the tough issues for practitioners
- Successful ways of engaging/working with young fathers

Background to the project

The HSE Dublin North East launched the Father Focus Project in December 2009. This initiative developed by the Louth Teen Parents Support Programme (TPSP) and funded by the Crisis Pregnancy Agency aims to increase awareness and engagement of young men in order to support their partners during pregnancy and parenting.

The Father Focus Project includes an Information Booklet for Young Fathers offering practical advice on key issues for new dads, the changes that fatherhood will bring, how the baby will change and grow and information on fathers' rights.

A Resource Pack for professionals working with young fathers has also been developed as part of the project. It covers topics such as parenting styles, child development, relationships, budgeting, dealing with feelings and legal entitlements and aims to assist young fathers to develop their parenting skills and to empower them to make informed choices regarding their parental responsibilities.

A Key Findings Report developed as part of the project will also assist project staff in planning support services for young fathers. No matter what the circumstances, the role of parent can be a difficult one, and it's vital that all parents are aware of the supports that are there to help. The focus during and after pregnancy is very often on the mother, and projects such as 'Father Focus' provide a valuable resource to help new fathers to support their partner in parenthood and to become comfortable in their new role as a father.



Funded by
crisispregnancyagency



Facilitators will include:

Colin Fowler,
Men's Health Forum, Ireland

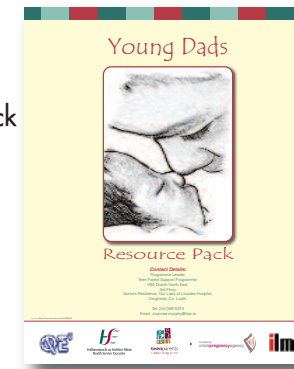
David Mc Sweeney,
Youth Health Development Officer,
Health Promotion Dept. HSE Dublin North East

Finian Murray,
Men's Health Development Officer
HSE Dublin North East

Joanne Murphy,
Programme Leader, Teen Parents Support Programme
HSE Dublin North East

Key resource:

All participants will receive a copy of the Father Focus Training Pack and memory stick.



There will be no charge for this training

